NOR-CAL EMS	05-0909	Skills: EMT - Breathing Interventions

Nor-Cal EMS Policy & Procedure Manual	BLS/ALS Protocols
Effective Date: 10/01/2020	Next Revision: 10/01/2023
Approval: Jeffrey Kepple MD – MEDICAL DIRECTOR	SIGNATURE ON FILE

Authority: Health and Safety Code Division 2.5, California Code of Regulations, Title 22, Division 9.

Provider Name: Provider's Signature:	Cert #: Provider Agency:
Validator's Name: Validator's Signature:	Date:

PERFORMANCE CRITERIA	MET (Initials)	NOT MET (Initials)	COMMENTS
Oxygen Administration			
1. Assemble cylinder, regulator and flowmeter.			
2. Open tank valve, check for leaks, verifies tank pressure.			
3. Adjust liter flow to desired delivery rate.			
4. Explain procedure to patient.			
5. Choose appropriate delivery method, i.e. nasal cannula, non-rebreather mask etc.			
6. Apply device to patient, adjusting to fit for maximum comfort.			
7. Document patient's response to intervention in PCR.			
Bag-Valve Mask Ventilation			
1. Universal precautions, including droplet precautions.			
2. Ensures airway is clear, suction as needed, remove loose dentures or broken teeth.			
3. Selects appropriate mask size.			
4. Connects BVM to oxygen source: A. Ensures adequate O_2 tank pressure. B. Adjust oxygen delivery flow to 15 liters/minute.			
5. Place the mask on the patient's face, ensuring a tight seal around the mask. (E-C method).			
6. Ventilate once every five seconds. A. Observe for chest rise. B. Note patient's response to procedure.			
7. Document patient's response to intervention in PCR.			
Mouth to Mask Ventilation			
1. Universal precautions, including droplet precautions.			
2. Ensures airway is clear, suction as needed, remove loose dentures or broken teeth.			
3. Selects appropriate mask size.			
4. Applies mask to patient's face, maintaining jaw lift and tight seal around the mask.			
5. Ventilate, observing for bilateral chest rise.			
6. Note patient's response to procedure.			
7. Document patient's response to intervention in PCR.			
CPAP			
1. Apply CPAP mask and ensure snug fit without air leak.			
2. Adjust air flow to achieve PEEP of 5 cm H_2O (may increase to 7.5 cm H_20 if patient's condition does not improve in 15 minutes).			
3. Document patient's response to intervention in PCR.			