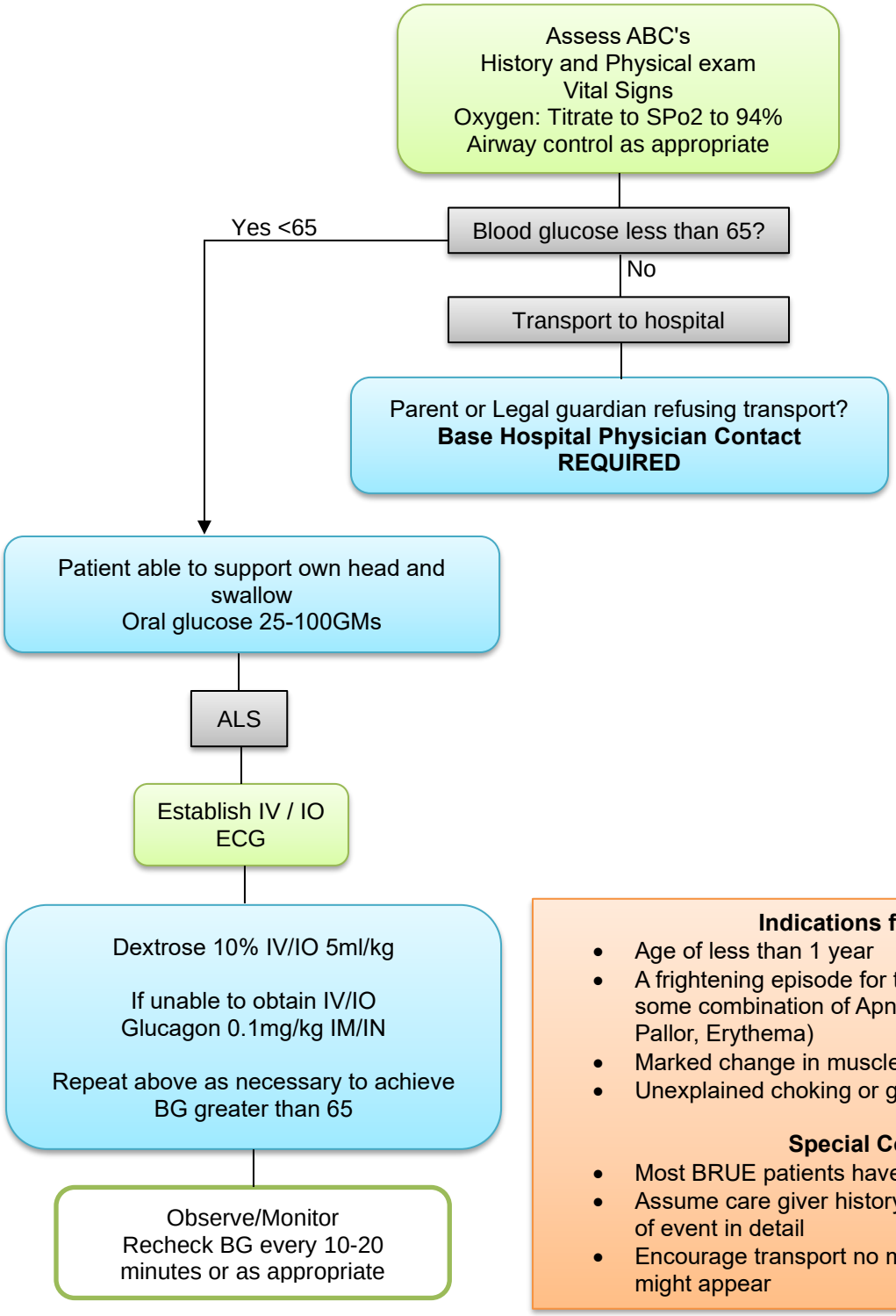
NOR-CAL EMS	05-811	Pediatric Brief Resolved Unexplained Event (BRUE)

Nor-Cal EMS Policy & Procedure Manual	Name of the Section
Effective Date: 02/01/2021	Next Revision: 02/01/2023
Approval: Jeffrey Kepple MD – MEDICAL DIRECTOR	SIGNATURE ON FILE

Authority

Health and Safety Code Division 2.5, California Code of Regulations, Title 22, Division 9.



Indications for BRUE:

- Age of less than 1 year
- A frightening episode for the observer characterized by some combination of Apnea, Color change (Cyanosis, Pallor, Erythema)
- Marked change in muscle tone
- Unexplained choking or gagging

Special Considerations:

- Most BRUE patients have a normal physical exam
- Assume care giver history is REAL, document account of event in detail
- Encourage transport no matter how well the patient might appear