NOR-CAL EMS	05-0904	Skills: Blood Glucose Determination

Nor-Cal EMS Policy & Procedure Manual	BLS/ALS Protocols
Effective Date: 10/01/2020	Next Revision: 10/01/2023
Approval: Jeffrey Kepple MD – MEDICAL DIRECTOR	SIGNATURE ON FILE

Authority: Health and Safety Code Division 2.5, California Code of Regulations, Title 22, Division 9.

Provider Name: Provider's Signature:	Cert #: Provider Agency:
Validator's Name: Validator's Signature:	Date:

PERFORMANCE CRITERIA	MET (Initials)	NOT MET (Initials)	COMMENTS
1. Identifies the indications for obtaining a blood glucose level.			
2. Identifies the normal parameters for blood glucose levels.			
3. Identifies indications.			
4. Identifies contraindications.			
5. Identifies potential complications (BSI exposure, erroneous readings).			
6. Clearly explains the procedure to the patient.			
Selects, checks, assembles equipment			
1. Glucometer.			
2. Test strip.			
3. Needle or spring-loaded puncture device.			
4. Alcohol swabs.			
Checks blood glucose level			
1. Takes or verbalizes appropriate PPE.			
2. Turns on glucometer and inserts test strip.			
3. Preps fingertip with alcohol prep.			
4. Lances the prepped site drawing capillary blood.			
5. Disposes/verbalizes disposal of needle/lancet.			
6. Expresses blood sample and transfers it to the test strip.			
7. Applies pressure and dresses the wound.			
8. Records reading and documents appropriately.			